







November BREAKFAST

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|---|
|  | 1 Cinni Minni's or Cereal Fruit or Fruit Juice Milk | 2 Breakfast Bites or Cereal Fruit or Fruit Juice Milk | 3 Long John or Cereal Fruit or Fruit Juice Milk | 4 Biscuits & Gravy or Cereal Fruit or Fruit Juice Milk |
| 7 Poptart or Cereal Fruit or Fruit Juice Milk | 8 Oatmeal or Cereal Fruit or Fruit Juice Milk | 9 Muffins or Cereal Fruit or Fruit Juice Milk  | 10 French Toast Sticks or Cereal Fruit or Fruit Juice Milk | 11 Breakfast Cookie or Cereal Fruit or Fruit Juice Milk |
| 14 Long Johns or Cereal Fruit or Fruit Juice Milk  | 15 Bagels or Cereal Fruit or Fruit Juice Milk | 16 Yogurt & Graham Cracker or Cereal Fruit or Fruit Juice Milk | 17 Breakfast Bites or Cereal Fruit or Fruit Juice Milk | 18 Waffle Sticks or Cereal Fruit or Fruit Juice Milk |
| 21 Oatmeal or Cereal Fruit or Fruit Juice Milk | 22 Pancakes or Cereal Fruit or Fruit Juice Milk | 23 Muffins or Cereal Fruit or Fruit Juice Milk | 24 *No School*  | 25 *No School* |
| 28 Long John or Cereal Fruit or Fruit Juice Milk | 29 Breakfast Pizza or Cereal Fruit or Fruit Juice Milk | 30 Apple Strudel or Cereal Fruit or Fruit Juice Milk |   | |